



What Can I Do as a Parent?

by NEWLIFEOUTLOOK TEAM

Stop Prescription Abuse

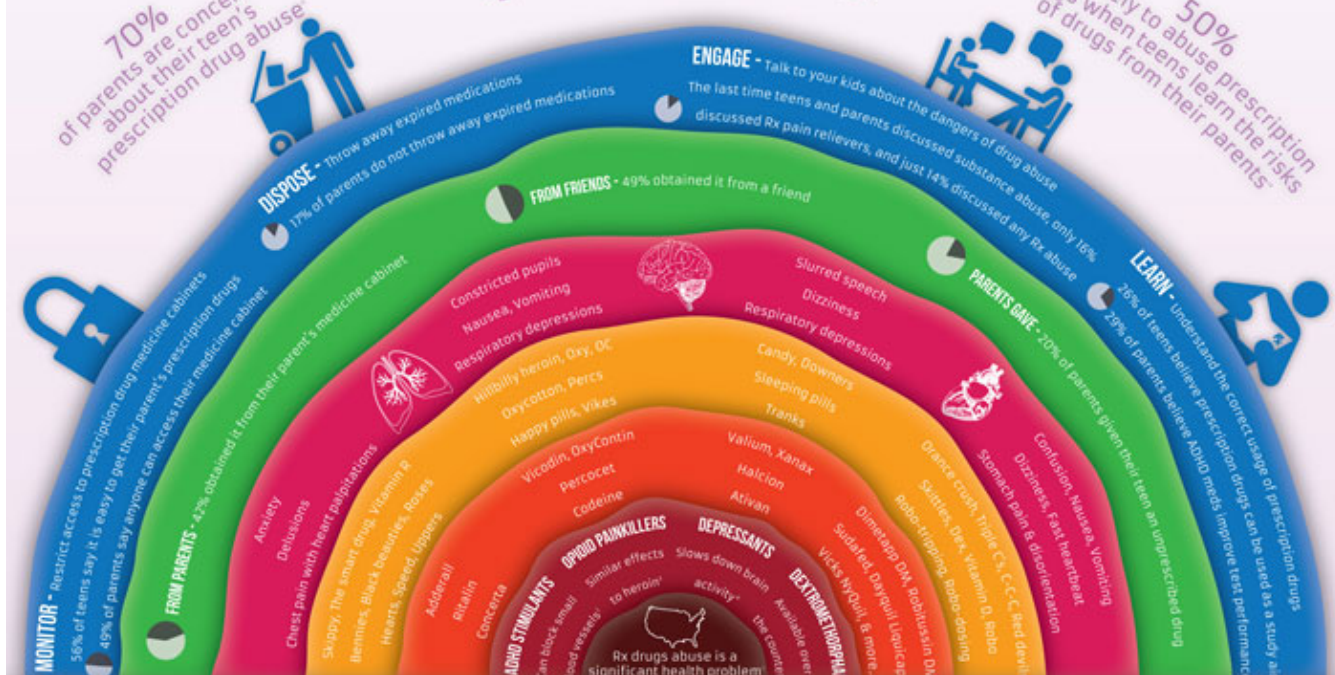
If you have prescriptions you take regularly and you have a teen in your household, you should talk openly about your drugs. Be specific about why you're taking prescription drugs, what they do, and what they could do if someone who doesn't need them takes them. Take actions to make sure that your teen doesn't have easy access to your medications. Throw them away when they're expired, lock them up, and become educated about the types of drug abuse and the signs to look for. Be mindful that even if your teen doesn't have access to your drugs, other teens may have access to their own drugs and might try to pass them along to others.

STOP Rx ABUSE

Ignorance is NO excuse

70% of parents are concerned about their teen's prescription drug abuse

50% less likely to abuse prescription drugs when teens learn the risks of drugs from their parents



PREVENT Ways to help
WHERE How they acquire
SIGNS Watch for symptoms
STREET Common street names
BRANDS Common brand names
CATEGORY Types of Rx abused
TEENS & RX Prescription drugs abused by teens
CATEGORY Types of Rx abused
BRANDS Common brand names
STREET Common street names
SIGNS Watch for symptoms
WHERE How they acquire
PREVENT Ways to help

ADHD STIMULANTS
Constricted pupils
Nausea, Vomiting
Respiratory depressions
Hillbilly heroin, Oxy, OC
Day cotton, Percs
Happy pills, Vikes
Vicodin, OxyContin
Percocet
Codeine

OPIOD PAINKILLERS
Similar effects to heroin
Slows down brain activity

DEPRESSANTS
Available over the counter

DEXTROROTHRAN
Vicks, NyQuil, 6 more

DEPRESSANTS
Valium, Xanax
Halcion
Ativan

DEPRESSANTS
Candy, Downers
Sleeping pills
Tranks

DEPRESSANTS
Slurred speech
Dizziness
Respiratory depressions

DEPRESSANTS
Anxiety
Delusions
Chest pain with heart palpitations
Sluggish, The smart drug, Vitamin B
Blemies, Black bear, Bikes
Hearts, Speed, Uppers
Adderall
Ritalin
Concerta

DEPRESSANTS
Stomach pain & discomfort
Dizziness, East heartbeat
Confusion, Nausea, Vomiting

DEPRESSANTS
Orange crush, Triple C, C-C, Hard drink
Sedates, D, K, vitamin D, B
Bobo-stopping, Bobo-popping
Dimetapp DM, Robitussin, NO
Sudafed, Dayquil, Liquephac
Vicks, NyQuil, 6 more

Rx drugs abuse is a significant health problem