

## What Drugs Are Teens Using?

by NEWLIFEOUTLOOK TEAM

## What Drugs 12th Graders Use

Students in Grade 12 are at a key transition period in their life. It's likely that they're choosing a career path or their next step in education before their career path. This can be a time when students use drugs either to reduce stress or to try to find a drug to help them focus on their studies to do better in school. The most used drug is marijuana, which could be used to reduce stress or just as a social agent. As a parent, ideally you'll have had a talk about drugs and have an open dialogue with them currently. If not, it's never too late to establish communication. If you're in grade 12 or nearing it, try to avoid groups that are known to use drugs. Association with a group of drug users can make you more likely to do drugs.

